

VOLUME 3, ISSUE 2

MARCH/APRIL 2010

The Augusta PT Connection

Alan Reitz, PT
Clara Reitz, PT
Jacque Walters, Office Manager
Sharon Pettyjohn, Patient Care Rep.
Hattie, Greeter

302 Buchanan Street
Staunton, VA 24401
Phone: 540-887-8007
Fax: 540-887-8004
Email: apt@augpt.com

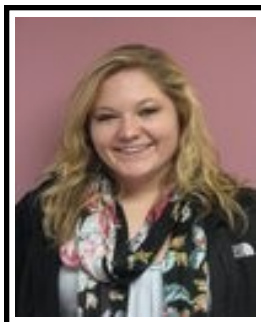
facebook

Look for us on:
www.facebook.com



WELCOME SPRING

Augusta Physical Therapy Proudly Recognizes Our Student Intern



Jessica Beach is a senior in the mentorship program at Robert E Lee High School. She is interested in a career as a physical therapist because she has a passion to help people. She realized physical therapy was a way to pursue her passion after she needed physical therapy in 9th grade. The personal relationship and trust between the therapist and patient is what interests

her. She is observing treatment and procedures with Alan and Clara Reitz. She is also learning medical office procedures from Jacque and Sharon. Jessica has been accepted to Old Dominion University.

Jessica loves dogs too. Her dog Zoey has already captured her heart after being in their home for two weeks. She is a one year old Bassett Terrier from the SPCA. Zoey has not learned how to return the ball once she fetches it, and she chews everything.

It has been a pleasure to have Jessica's smile and warm heart. She is here every day from 9:40-11:00am.

Patient Appreciation Day a Success!

Friday January 21, 2011 was our first annual Patient Appreciation Day. We want to thank all of our current and former patients for coming by to see us and share in some delicious refreshments. We especially thank Janette for sharing her made-from-scratch secret recipe pecan cake with us. We don't get to taste many cakes like that anymore!! A real treat!! Thank you again. We had so much fun we hope to make this a yearly tradition.



Sharing Your Physical Therapy Experience With Others

Many people tolerate and try to manage their aches and pains for months because they do not know how physical therapy could help them. When you see someone who has pain or limited range of motion, please tell them about your physical therapy experience. One patient agreed it was nice to be a part of the process in helping someone else find relief.

Thanks to the following patients for referring other patients:

Alee, Alex, Amy, Carroll, Charles, Clara, Edna, Esquewie, Jack, Jake, Janet, Kelly, Lori, Martina, Nancy, Ronnie, Thelma, and Winona

MDA Fundraiser Update

A Big Thank You from Jacque to all who helped with posting her bail in the Muscular Dystrophy Association Augusta County Lock Up. Although she was a little hesitant about the idea of going to jail, it was a lot of fun and a great cause to benefit many children in the area.



AUGUSTA PHYSICAL THERAPY

302 Buchanan Street
Staunton, VA 24401

Phone: 540-887-8007

Fax: 540-887-8004

Email: apt@augpt.com

PUTTING QUALITY BACK
IN YOUR LIFE

We're on the Web

www.augpt.com

Affordable Care Act



The Affordable Care Act, a new law passed by Congress and signed by President Obama on March 30, 2010, provides a one-time rebate to help with drug costs to those insured by Medicare. A rebate check is sent automatically to most people enrolled in Medicare Part D who reach the Medicare drug plans coverage gap ("doughnut") in 2010. The one-time \$250.00 rebate check will not impact or change your current Medicare benefits. Medicare records when you have reached the coverage gap and will issue you the check. For more information call 1-800-MEDICARE, or visit www.medicare.gov. Do not give any personal information to someone who calls you and says they will help you.

Be careful to use medication as prescribed and to monitor the interaction of medications and alcohol.

If you find yourself making exceptions, talk with your doctor.



Win a Free BIOFREEZE bottle

Each month we will draw for the winner of a free bottle of BIOFREEZE. Leave your business cards for our display, and we will draw from the cards for a monthly winner.



BIOFREEZE alleviate pain temporarily. The Menthol creates a cooling sensation. Unlike ice, BIOFREEZE allows you to remain active. Re-warming of tissue stimulates the return of blood and nutrients to the area.